Enjoy the lazy days of summer!
Bridge Group Update

Our February bridge group had two tables playing with Marti Orth winning and Bob Orth coming in 2nd. March had a better turnout with three tables. Bob graduated to 1st place followed by Carlos Cortes in 2nd and Betty Howe in 3rd. There were so many scheduling conflicts in April that we decided not to meet that month and will resume on May 20. No, we were not all busy on income tax in April, just busy having other fun things to do. Call me at 951-242-5297 if you are interested in joining the group or just subbing when needed.

-Marti

Scholarship donations are always welcome! Remember they are tax deductible!

Make your check payable to UCR Foundation and forward to our Treasurer for application to the UCRRRA Scholarship Account

Mail to:
George E. Groty
24041 Forsyte Street
Moreno Valley, CA 92557-5007

Emeriti Faculty
Make your donation now to the Emeriti Association Scholarship Fund!

Remember they are tax deductible!

Make your check payable to UCR Foundation and mail to:

Allison Tavaglione
2203 Alumni & Visitors Center
Riverside, CA 92521

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Emeriti Faculty Association

OFFICERS
President: Anthony Norman (951) 827-4777
anthony.norman@ucr.edu
Treasurer: Irving Hendrick (951) 787-8274
irving.hendrick@ucr.edu

*** Director of Constituent Relations ***
Allison Tavaglione, allison.tavaglione@ucr.edu,
Office of Alumni & Constituent Relations, (951) 827-2586.
Retirees’ Notes from President
D.L. “Les” Martin

Annual Southern CUCRA/CUCEA Meeting
On Tuesday, April 23 and Wednesday, April 24 our campus had the honor to host the annual southern location meeting of CUCRA and CUCEA. As you know, these parent organizations represent all retirees from all UC campuses (except UC Merced), National Labs, and the President’s Office.

We were proud and pleased to be able to show off our campus, including a tour of the UCR Arts Block. Thanks to Jonathan Green, Executive Director, for providing a personalized tour of the Barbara and Art Culver Center of the Arts, the California Museum of Photography, and the Sweeney Art Gallery. Thank you very much Jonathan! We received very positive comments from the other campuses for both the tour, facilities, and the meeting arrangements.

My personal ‘Thanks’ to our success for all those involved; from packaging the welcome folders, manning the registration table, providing direction to our arriving guests from the flag pole, to making the tour arrangements, obtaining the meeting location, arranging for rooms and welcome dinner at the Mission Inn, setting up the website... and a multitude of other services as required. Thank You Betty Howe, George Groty, Joan Dillon, Bob Daly, Cathy Carlson, Irv Hendrick, Tony Norman, and in particular, Allison Tavaglione! Without her beyond-the-call-of-duty efforts we could not have done it. Thank You Allison!

Scholarships
The two students chosen, Steven Fox and Gitla Shooster, that have each received a $1,500 award, will be invited to attend our June or September luncheon as their time may permit. If they are unable to attend, we will ask each to offer information on how our awards may have benefited their attendance at UCR.

Volunteer Opportunities
Do you already volunteer at UCR? Are you interested in volunteering on campus? Staff Assembly? Campus Committees? There may be a number of opportunities available so let us know your thoughts.

If you already volunteer on or off campus, please let us know! We’d love to share your story!

REMINDEERS

Sick Call
If at any time you hear or know of anyone in our association that has passed or is ill and in need of our thoughts and prayers please let Betty Howe know. As always, Betty will ensure an appropriate message, note, and/or card is sent.

Elections
As we noted earlier, our June Luncheon will also be our election for two positions, that of President and that of Treasurer. As you know, we also still have an open position for Secretary. Please be prepared to nominate an individual, or individuals, who you feel could help our organization prosper. And yes, don’t forget about considering yourself. We need your support, assistance, and just a little of your time.

If you have any questions about the positions or you would like to nominate someone, please let our Nominating Committee Chair, Joan Dillon know your thoughts.

Enjoy your retirement and we hope to see you on Friday, June 21 for our next luncheon program.

D.L. ‘Les’ Martin
Happy Birthday!

Birthday | Name
---|---
Jun. 9 | Donald Johns
Jun. 30 | Barbara Gable
Jun. 29 | Bette Quinn
Jun. 17 | Chester N. Roistacher
Jun. 13 | John Letey, Jr.
Jun. 13 | Jim Sims
Jun. 12 | Chuck Farrar
Jul. 6 | John H. Coleman
Jul. 5 | Janet M. Sandell
Jul. 31 | Nancy E. Douglas
Jul. 30 | Susan Chiulinatta
Jul. 23 | Georgia Elliott
Jul. 21 | Phyllis L. Morton
Jul. 17 | Porfirio G. Pacheco
Jul. 14 | Eden M. Luntao
Jul. 13 | Darian Daries
Jul. 12 | John Pollock
Jul. 1 | Volker O. Herbert
Aug. 7 | Richard A. Morandi
Aug. 6 | Kathy Colbrunn
Aug. 30 | Dennis Focht
Aug. 29 | Virginia L. Field
Aug. 24 | Beverly Guidero
Aug. 22 | Esperanza Delgado
Aug. 21 | Kristi King
Aug. 21 | Robert C. Neuman
Aug. 20 | F. Elleta Wild

Welcome!!!
UCR Retirees’ Association
New Member – 2012-13

Greg Baughfman
Please join us for our Summer Luncheon on Friday, June 21st and hear about the new School of Public Policy from the Founding Dean, Dr. Anil Deolalikar. The school will focus on a range of social policy issues, especially population growth and movement, and environmental quality.
UCR—Healthy Recipe Cookbook is looking for contributions!
Submit your favorite recipe to tammy.giglio@ucr.edu by June 30, 2013

Recipe Criteria:
• Should be healthy (use your best judgment)
• Recipe must have been attempted by the person submitting
• Must be willing to share the recipe with the entire campus (this cookbook will be made available online)
• Should be relatively quick to make (less than 30 minutes)
• Should be relatively easy (does not require complicated equipment or ingredients)

Recipe Submission (See attached example):
• Recipes can be a personal/family recipe or from a source (must provide source) – (i.e. EatingWell.com)
• Include your name, your title, and your department (if you want to remain anonymous, please specify).
• Include a personal testimonial or endorsement about the recipe (Example: “This dish is healthy, easy, and great for parties and potlucks” or “This recipe has been passed down for generations and has kept our family healthy through the years!”)
• Optional: Photo of food item (feel free to take a picture of the finished product using your phone, iPad, etc.)
• Nutrition content, if available

Neal’s Terrific Turkey Burgers

Serves: 4 (4 oz. patties)
Prep time: Approx. 5 minutes
Cook time: Approx. 10 minutes

Ingredients:
1 lb. ground turkey
1 large egg
¼ large red onion, diced
1 Tbs. Worcestershire sauce
5-10 Tbs. Montreal steak seasoning
3 Tbs. Canola Oil

Instructions:
1. Empty ground turkey into a large mixing bowl.
2. Add egg, diced onion, Worcestershire sauce, and steak seasoning to the turkey.
3. Mix thoroughly so that the egg, onion, sauce, and seasoning are fairly evenly distributed throughout. If steak seasoning is not visible in the meat, continue adding until it is. This is key to making sure your burgers taste delectable!
4. Once mixed, form small patties, about the size of your palm. Place patties aside.
5. In a large, heavy skillet, pour the Canola oil to coat the pan. Place skillet on stovetop and turn heat to medium-high. Spread oil around skillet.
6. Once skillet is heated, place formed patties in the heated pan. Cook until the internal temperature of the patties reach 160-165°F.

Helpful Hints:
Make the patties thin to ensure they cook through. Also, use a whole wheat bun and top with Swiss Cheese, mixed greens, tomatoes, and a low-fat spread. Once you try this, you won’t miss McDonald’s!

Nutrition Facts:
Calories: 280, Total Fat: 8 grams, Saturated Fat: 4 grams, Protein: 23 grams, Fiber: 0 grams
UCR Emeriti Faculty Update

On April 23rd, 24th, 2013 UCR hosted the annual Spring meetings of the Systemwide CUC-Emeriti Association and the CUC-Retirees Association as well as 4 members from the Office of the President (47 persons attended). From my perspective there were three significant ‘happenings. (a) Chancellor Jane Close Conoley on Wednesday morning was bagpiped into our meeting held in the HUB, room 355. She presented a warm 30 minute WELCOME to our guests. (b) Late on Tuesday afternoon Johnathan Green, Executive Director gave all our visitors a one hour tour of the UCR ARTSblock. This was followed by a delicious dinner at the Mission Inn. (c) At 7:30 AM Wednesday morning an 80 minute Workshop was led by Sue Barnes, Director of the UCD Emeriti & Staff Center on how to form a new Center. Presently the only campuses without a Center are Riverside, San Francisco, Santa Cruz, Santa Barbara and Merced.

Some of the many reasons for creating a ‘Center’ at UCR are listed below. These bullets were provided by the UC Davis Center which was only formed in 2006. The two key goals for creation of a Center is identification of space for the Center and provision of funds for the salary needed for the Center’s Coordinator. Presented below are a series of ‘bullets’ addressing different topics of the kinds of contributions a UCR Center could make to the campus.

Your two Emeriti officers, Tony Norman, President and Irv Hendrick, Treasurer are looking for both volunteers and innovators. In our opinion, it is time for UCR’s Emeriti and Retirees to plan for the near future. If you are interested or supportive, please send me an email: Anthony.norman@ucr.edu

Tony Norman
UCRAA Calendar of Events

14 Friday ALL DAY Deadline for Summer Luncheon Reservations
17 Monday 12:30—3:30 Bridge at the Janet Goeske Center
21 Friday 11:30—1:00 Summer Luncheon at the Alumni & Visitors Center

15 Monday 12:30—3:30 Bridge at the Janet Goeske Center
19 Monday 12:30—3:30 Bridge @ Janet Goeske Center

Tower Talk

UC Riverside Retirees’ Association
UC Riverside Emeriti/ae Association
Office of Alumni & Constituent Relations
University of California, Riverside
2203 Alumni & Visitors Center
3701 Canyon Crest Drive
Riverside, CA 92521-0110