

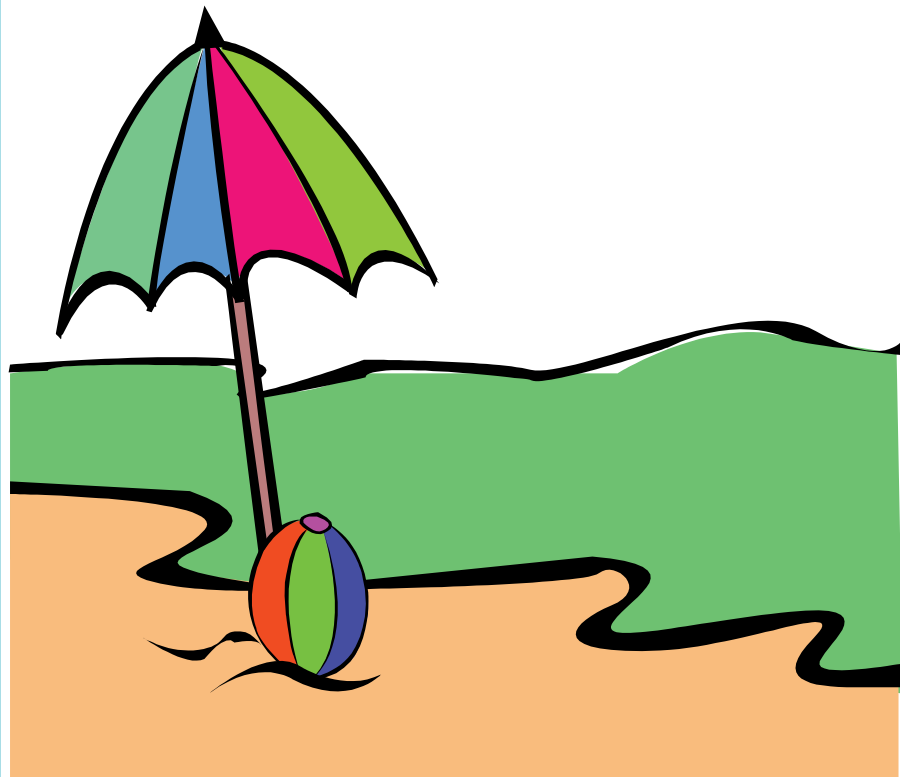
Tower Talk

U.C. Riverside Retirees and Emeriti/ae Associations

May 2014



Enjoy the lazy days
of summer!





*Retirees'
Notes from
President
D.L. "Les"
Martin*

UCR Retiree June Business Meeting

Elections

Just a reminder that elections for the following positions will be held at our June Business/Luncheon Meeting.

1st Vice President; 2nd Vice President; and Secretary. Job descriptions were provided in our February Newsletter that may be accessed on line at 'retirees.ucr.edu'

The opportunity will be open for "nominations-from-the-floor" at our June Business / Luncheon meeting. As you know we have four luncheon programs each year and your Board meets four times a year. Please consider volunteering your talents and just a few hours of your time to support our association. Thanks in advance for your consideration!

Bylaw Changes

Your Board is currently reviewing our bylaws for updates or suggested changes. If you have any comments or suggestions, please feel free to share your thoughts with any of our current board members. Proposed updates and/or changes will be presented to you in the near future.

CUCRA/CUCEA Meeting

I have just returned from a great Spring meeting at the UC Santa Barbara campus. The Council of University of California Retirees Associations meets twice a year in conjunction with UC Emeriti Associations to review current and previous UCOP proposals regarding our retirement, health & welfare benefits, changes to the way the University does business related to retirees, etc. We also provide input to those proposals, changes, previous actions taken, and we offer suggestions for future consideration, all based on your comments and concerns. So, please keep sharing your thoughts with your Board members.

Your May 'New Dimensions' newsletter provides current information on some of the issues previously discussed at those meetings and shares some information about other UC Retiree/Emeriti Associations. This issue has a nice article on the newly formed Retiree/Emeriti Center at the UC Santa Cruz campus. We hope our campus is next...

Retirees Association

OFFICERS

President: D.L. "Les" Martin (951)242-5865 dmartin773@roadrunner.com	1st Vice President: Robert "Bob" Daly (714) 496-5564 bobdaly@mac.com
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Treasurer: George Groty (951) 924-9536 ggroty@earthlink.net	2nd Vice President Joan Dillon (951)941-0231 timsgrandmajoan@aol.com
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COMMITTEE CHAIRS

Bridge Group: Marti Orth (951) 242-5297 mbtime@verizon.net	Social Secretary: Betty Howe (951) 686-7668 bjhowe2000@yahoo.com
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Hospitality:	Membership: Cathy Carlson (951)788-9979 justcathy@att.net
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-----Emeriti

Faculty Association

OFFICERS

President: Anthony Norman (951)827-4777 anthony.norman@ucr.edu	Treasurer: Irving Hendrick (951) 787-8274 irving.hendrick@ucr.edu
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Office of Alumni & Constituent Relations, (951) 827-2586.

*Retirees' Notes from President D.L. "Les" Martin (continued)***Osher Lifelong Learning Institute**

As you know, UCR Extension provides us the opportunity to continue our learning in a number of ways. One of those ways is the Osher Program and we continue to support their program through a direct link from our website: Retirees.ucr.edu

"The Bernard Osher Foundation was established in 1977 to benefit a wide range of educational and cultural activities. The foundation has provided funding to create Osher Lifelong Learning Institutes at 117 universities and college campuses in 50 states and the District of Columbia."

"Since 2003, UCR Extension's Osher has provided a stimulating learning experience at a modest cost that enriches the intellectual, social, and cultural lives of people over the age of 50. Our courses and lectures are only open to Osher members, so learning takes place in a peer environment. There are no tests or grades and no entrance exams or minimum educational background restrictions — the only requirement is a love of learning."

And just as a reminder, new retirees are offered a certificate for a free 'one year membership' in the Osher Program.

This coming year, UCR Extension will also make that membership available to previous retirees who may not have taken advantage of their offering in the past. We will have certificates for the free membership available shortly. If you wish to receive one, just let any Board member know.

Sick Call

If at any time you hear or know of anyone in our association that has passed, is ill, just in need of a cheering and friendly note, our thoughts, our assistance, or prayers please let **Betty Howe** know. As always, Betty will ensure an appropriate message, note, card and/or action is taken. You can reach Betty at 951-686-7668 or via e-mail: bjhowe2000@yahoo.com

Retirement

As a final note for this issue..., we just wished Blanche Kruse, our former Hospitality Chair, a happy 'second' retirement with much appreciation for her seven years of providing our wonderful table decorations...

And now our campus connection, Allison Tavaglione, Director of Alumni and Constituent Relations, is retiring this June. Allison has been a wonderful coordinator of our events; has kept us on time with our newsletters; and has provided support in so many ways to our Retiree and Emeriti Associations, whatever the need ... always with a professional, positive, and friendly, smiling attitude. We wish Allison the best, but we will truly miss her...

Enjoy your retirement and continue planning for all those new adventures!
See you on Friday, June 13 for our business meeting and next luncheon program.

Sincerely,
D.L. 'Les' Martin



Happy Birthday!

Birthday	Name
Jun. 13	John Letey, Jr.
Jun. 13	Jim Sims
Jun. 25	Diana Lightfeldt
Jun. 30	Barbara Gable
Jul. 1	Volker O. Herbert
Jul. 5	Janet M. Sandell
Jul. 6	John H. Coleman
Jul. 7	Francoise Van Horn
Jun. 12	Chuck Farrar
Jun. 17	Chester N. Roistacher
Jun. 13	Jim Sims
Jul. 12	John Pollock
Jul. 13	Darian Daries
Jul. 14	Eden M. Luntao
Jul. 17	Porfirio G. Pacheco
Jul. 18	Susan Beauchene
Jul. 23	Georgia Elliott
Jul. 26	Geraldine Nezart
Jul. 31	Nancy E. Douglas
Aug. 6	Kathy Colbrunn
Aug. 7	Richard A. Morandi
Aug. 20	Evelyn P. Sadler
Aug. 21	Robert C. Neuman
Aug. 22	Frankie Chrisman
Aug. 22	Esperanza Delgado
Aug. 24	Beverly Guidero
Aug. 29	Virginia L. Field
Aug. 30	Dennis Focht

Welcome!!!

UCR Retirees' Association
New Member – 2013-14
Daniel Brinkman

**Retirees' Scholarship
Donations** are always welcome!
Remember they are
tax deductible!

Make your check payable to
UCR Foundation
and forward to our Treasurer for
application to the
UCRRA Scholarship Account

Mail to:

George E. Grotz
24041 Forsythe Street
Moreno Valley, CA
92557-5007

Emeriti Faculty
Make your donation now to the
**Emeriti Association Scholarship
Fund!**

Remember donations are tax de-
ductible!

Make your check payable to
UCR Foundation
and mail to:

2203 Alumni & Visitors Center
Riverside, CA 92521

WellnessNews



MobileFit: Free exercise classes until June 6, 2014

The MobileFit program is available for FREE to all retirees who are interested in participating in a convenient on-site fitness program to improve overall health and wellness.

[Attend a MobileFit session for free!](#)

There are 19 MobileFit groups throughout campus. If you would like to attend any of these groups, feel free to contact the group's contact person and [Julie Chobdee](#) to complete a short health history/consent form.

For more information, please visit: http://wellness.ucr.edu/mobile_fit_program.html

If you have any questions, please contact::

Julie Chobdee, MPH Wellness Program Coordinator Human Resources (951) 827-1488



Dehydration — How to Avoid It

The body is composed of up to 75% H₂O. During the upcoming hot months, be sure to keep hydrated by doing the following:

Plan ahead and take extra water to all outdoor events where increased sweating, activity, and heat stress will increase fluid loss.

Check weather forecasts for high heat index days. When temperatures are high, avoid exercise, outdoor exposure, and plan events that must occur outside during times of the day when temperatures are lower.

Older adults are at a much at risk of dehydration. Ensure you have adequate drinking water or fluids available.

Avoid alcohol consumption, especially when it is very hot, because alcohol increases water loss and impairs your ability to recognize early signs associated with dehydration.

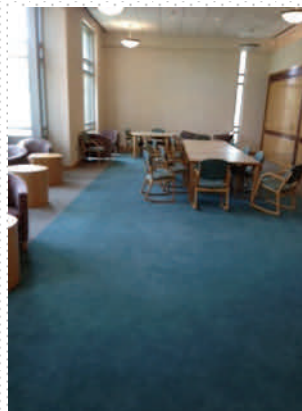
Wear light-colored and loose-fitting clothing if you must be outdoors when it is hot outside. Drink plenty of water and carry a personal fan or mister to cool yourself.

Break up your exposure to hot temperatures. Find air-conditioned or shady areas and allow yourself to cool between exposures. Taking someone into a cooled area for even a couple of hours each day will help prevent the cumulative effects of high heat exposure.



Emeriti Faculty News

From
Anthony Norman, President, Emeritus Faculty Association



A very important goal for UCR's *EMERITA* faculty and our Staff Retirees is to gain regular usage of a vacant room in the Orbach Science Library (left side). The room (right side; 19' x 7') can accommodate ~30 persons quite comfortably. Our Executive Vice Chancellor /Provost, Dallas Rabenstein, was the first person to appreciate that there was space in the Orbach Science Library that was virtually empty 100% of the time.

However, it took from November 1st, 2013 to ~ April 10th, 2014 when our new Head Librarian, Steven Mandeville-Gamble, Les Martin, President of UCR Retired Staff, the President of the UCR *Emeriti/ae* Faculty (myself), and the Executive Vice Chancellor /Provost were all simultaneously present to sign a two page 14 paragraph document.

The most important statement is paragraph #9. It states: "The UCR *Emeriti/ae* Association and the UCR Retirees Association members will have priority use of the Orbach Library Faculty Reading Room."

Our next challenge is to activate our UCR *Emeriti/ae* and Staff Retirees to propose activities that can take place in our Center's library space. However the Orbach Science Library has only one candidate parking lot that is near by (Lot #10), but it is largely reserved for the Medical **School**. And, to date, the UCR administration feels that it is necessary to have both faculty, staff and retirees purchase a parking permit for lot #10. Considering the average age of many of our members we feel compelled to negotiate with the Administration. If we cannot gain some minimal access to Lot #10, (preferably no charge) or a very low rate, it will be probable that usage by Retirees will be minimal.

Now that we have a meeting space, it is exciting to contemplate behaving like we have a CENTER!! I carried out a poll of ~ 35 Emeriti/ae faculty and ~30 Retired staff with regard to what activities that they would like their CENTER to sponsor. Approximately 35/60 persons preferred a bus trip to the Huntington Gardens in Pasadena. And 49/60 persons preferred a separate bus trip to Los Angeles to either a concert (Walt Disney Concert Hall), a play at the Dorothy Chandler Pavilion, or to the Los Angeles County Museum of Art or the Museum of Contemporary Art (MOCA) or the Getty Museum. Approximately 13/60 persons indicated that they would like a regular bridge game. 6/30 persons indicated that they were interested in being a student mentor. Also several faculty have indicated that they would be willing to give a lecture.

Professor of the Graduate Division

(approved by UCR Senate December 2010).

Background: The Professor of the Graduate Division (PGD) is a program available to UCR retiring/retired faculty who are fully engaged in research and/or other departmental and campus activities and who wish to continue to contribute to UC and UCR with distinction after their retirement from official active faculty status. The program is modeled on a similar one at UC Berkeley, which has been in place since 1991.

Purpose: To retain and encourage active participation of retiring faculty who are fully engaged in research and/or other departmental and campus activities and who wish to continue to contribute to UCR with distinction.

Privileges The PGD program carries benefits both to the individuals and to the campus, including:

1. PGD faculty will be identified (in the campus catalog and elsewhere) by the title "Professor of the Graduate Division" rather than "Professor Emeritus/a."
2. PGD faculty will have the authority to seek outside grants and serve as PI, similar to that of active faculty.
3. PGD faculty can serve as dissertation supervisors and on graduate exam committees; PGD faculty could teach and engage in administrative service. (Note that arrangements for teaching under the UC retirement recall program are negotiated separately from the PGD program; not all retired faculty on recall will hold the title of PGD, and not all holding the title of PGD will be involved in the retirement recall program.)
4. PGD faculty have the departmental voting privileges of Emeriti/ae as established under Senate bylaw 55.
- 6.. The title of PGD carries no remuneration.

Current Holders of the Professor of the Graduate Division at UC-Riverside are listed below.

Harry Green	Earth Sciences	Prasanta Pattanaik	Economics
Kathleen Montgomery	School Business Ad.	Maurya Simon	Economics
Anthony Norman	Biochemistry	Irwin Wall	History
Robert Russell	Economics	Christopher Reed	Chemistry
John Rotenberry	Biology	Michael Rust	Entomology
James Dieterich	Earth Sciences		

The Edward A. Dickson *Emeritus/a* Professorship Recipients At UC-Riverside are listed below.

Name	Department	Year of Receipt
Kathleen Montgomery	School of Business	2013-2014
Ben Stoltzfus	Comparative Literature	2012-2013
George Slusser	Comparative Literature	2012-2013
Edward Platzer	Nematology	2011-2012
Pasanta Pattaik	Economics	2010-2011
Frederick K. Gable	Music	2009-2010
Mir S. Mulla	Entomology	2008-2009

The Edward A Dickson Emeritus/a Professorship Award at UC-Riverside campus will be awarded beginning with the 2008-2009 academic year and annually thereafter, to one or more *Emeritus/a* professors for teaching, research, or public service activities that are in accordance with the intent of the donor. The awardee(s) shall be known as the Edward A. Dickson *Emeritus/a* Professor for the duration of the award. The recipients will receive an Honorarium of the order of ~\$6000 - \$10,000.

UCRAA Calendar of Events



8	Friday	ALL DAY	Deadline for Summer Luncheon Reservations
13	Friday	11:30—1:00	Summer Luncheon at the Alumni & Visitors Center



Tower Talk

UC Riverside Retirees' Association
 UC Riverside Emeriti/ae Association
 Office of Alumni & Constituent Relations
 University of California, Riverside
 2203 Alumni & Visitors Center
 3701 Canyon Crest Drive
 Riverside, CA 92521-0110

