

Tower Talk

U.C. Riverside Retirees and Emeriti/ae Associations

May 2015



The UC Riverside Retirees'
and Emeriti Associations
cordially invites you to its

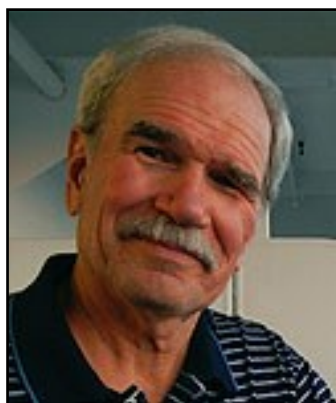
Summer Luncheon June 12

RSVP by June 8

June Elections!

Requesting nominees for the
positions of
President & Treasurer

Details inside.



UCR Retiree Association President's Report

Bob Daly
Interim UCRRA President

The health of the UCR Retirees' Association is directly related to the involvement of its members. You can be more involved by making a nomination for a candidate for an Association officer. You also can volunteer to be on a committee or help organize and coordinate one of the UCRRA events. As a volunteer association, everyone's help is needed to improve the Association and is very much appreciated.

UCRRA Benefits

Being a UCRRA member comes with benefits. The most recent is you are now able to retain your "ucr.edu" email address upon retirement, or re-activate it if you have already retired. All you need to do is complete a form. Details on how to make that happen are at cnc.ucr.edu/staffretireemail

Another benefit that Tony Norman, UCREA President, and I are working on is better parking privileges for UCRRA members. Many of you have already responded to the Parking Survey that I sent out earlier this month. The goal of the survey is to try to understand how often you would park on campus if you had a parking permit that allowed you to park in the lots closest to campus buildings. If you haven't taken the survey, please do so at www.surveymonkey.com/s/3Z7L36J.

Your Tax-deferred Accounts

Every six months, the Presidents of the retiree associations from each campus meet to discuss and receive updates on benefit changes from UCOP staff. At the Council of University of California Retiree Associations' (CUCRA) Spring meeting, UC retirees were strongly reminded to separately designate their beneficiaries for each tax-deferred or pension account they may own. Wills and trusts are common forms of directing assets from a person's estate to beneficiaries. Unfortunately, each tax-deferred or pension account must have designated beneficiaries because the will or trust does not apply to those accounts.

Typically the spouse is the primary beneficiary and children are often contingent beneficiaries (in case the primary beneficiary is deceased or disclaims the funds.) Some retirees wish to designate another generation of recipients (tertiary beneficiaries), and right now that takes a special written filing with Fidelity, the custodian of our 403b, 457b and DC accounts. A retiree's personal IRA accounts follow the same rules, requiring designation of beneficiaries.

Some people imagine that their tax-deferred accounts will not need separate designation of a beneficiary if they direct the funds to their personal/spousal trust. The trust can receive the funds, but they become immediately income-taxable much as a total payout to the retiree might be. To continue to be tax-deferred, a beneficiary must be designated. The precise designation of your beneficiaries can be rather complex, so please see your tax advisor to review your personal situation.

UCRRA Scholarship

Earlier this month, I was invited to attend the UCR Donors and Scholars Luncheon on behalf of the UCRRA. The purpose of this luncheon is to recognize the individuals and organizations that made scholarship donations. Three of UCR's finest students talked about how the scholarships they received helped them be successful at UCR. I'm so very pleased that the UCRRA is able to help one of our young students.

While the UCRRA was able to award one scholarship this past year, I would like to see the donations to the UCRRA Scholarship fund increase so we can award two scholarships in 2015-16. Please consider making a donation to the UCRRA Scholarship fund. You can do so at the UCR Online Giving Web page at advancementservices.ucr.edu/AdvanceOnlineGiving/Search?key=600131#.

Finally, if you have any questions or comments about the UCRRA, please feel free to contact me at bobdaly@ucr.edu. Hope to see you at the summer luncheon on June 12th.

June 2015 Elections

Joan Dillon
UCRRA Vice President

The UCR Retirees' Association ("UCRRA") Executive Board is seeking nominations for two officers, President and the Treasurer. Each position serves a two-year term which begins on September 1, 2015. A position on the Board provides a unique opportunity to assist in the development of special or one-time programs for UCRRA members; to provide opportunities for social, cultural, and other continuing relationships among members of UCRRA and the University community; and to foster continuing involvement of UCRRA members in campus activities and volunteer work.

The duties of each position are:

President: The President has the responsibility for the operation and success of the UCRRA. The President shall preside at all meetings of UCRRA and at meetings of the Executive Board.; appoint committees as needed; and serve as an ex-officio member on all committees. With the Treasurer, the President (or designee) shall sign all checks and disbursements and perform other duties as may be required.

Treasurer: The Treasurer shall keep the Books of Account; collect dues and charges which may be assessed; maintain custody of Association funds; pay all bills; and co-sign checks with the President. The Treasurer shall present an annual financial statement to the Executive Board. Quarterly financial statements shall be presented to the Executive Board and at general meetings. The Treasurer shall process membership requests and shall maintain a current record of UCRRA membership.

The Nominating Committee invites you to nominate yourself or a colleague for one of these positions. You can send your nominations to me at Timsgrandmajoan@aol.com, or text or call me at 951-941-0231.

The Nominating Committee will develop a list of candidates from the nominations submitted, and the list will be presented in a form of a paper ballot to the members at the June 2015 luncheon for voting. If multiple nominations are not received, a verbal vote will be held in lieu of paper ballots.

Retirees' Association

OFFICERS

Interim President:
Robert "Bob" Daly
(714) 496-5564
bobdaly@mac.com

Vice President:
Joan Dillon
(951)941-0231
timsgrandmajoan@aol.com

Treasurer:
George Groty
(951) 924-9536
ggroty@earthlink.net

Secretary:
Mary Johnson
(951) 313-1385
maryjohnson1954@gmail.com

COMMITTEE CHAIRS

Social Secretary:
Betty Howe
(951) 686-7668
howe.bjs@gmail.com

Hospitality:
Ande Jones
andeljones@yahoo.com

Membership:
Cathy Carlson
(951)788-9979
justcathy@att.net

Emeriti Faculty Association

OFFICERS

President:
Anthony Norman
(951)827-4777
anthony.norman@ucr.edu

Treasurer:
Irving Hendrick
(951)787-8274
irving.hendrick@ucr.edu

Alyssa Cotter, alyssa.cotter@ucr.edu,
Office of Alumni & Constituent Relations, (951) 827-2586.



Happy Birthday!

Birthday	Name
Jun. 4	Cathy Carlson
Jun. 13	Jim Sims
Jun. 17	Chester N. Roistacher
Jun. 19	Andrea "Ande" Jones
Jun. 25	Diana Lightfeldt
Jun. 29	Annette Myers
Jun. 30	Barbara Gable
Jul. 1	Volker O. Herbert
Jul. 5	Mary Johnson
Jul. 5	Janet M. Sandell
Jul. 6	John H. Coleman
Jul. 7	Francoise Van Horn
Jul. 12	John Pollock
Jul. 12	William Schmechel

Birthday	Name
Jul. 13	Darian Daries
Jul. 14	Eden M. Luntao
Jul. 17	Porfirio G. Pacheco
Jul. 20	Wendy Shipley
Jul. 23	Georgia Elliott
Jul. 31	Nancy E. Douglas
Aug. 6	Kathy Colbrunn
Aug. 20	Evelyn P. Sadler
Aug. 21	Robert C. Neuman
Aug. 22	Frankie Chrisman
Aug. 22	Esperanza Delgado
Aug. 24	Beverly Guidero
Aug. 30	Dennis Focht



In Memoriam:

Barbara Carlson
Richard Morandi
Lewis G Weathers

UCR Retirees' Association New Members – 2014-15

Annual Members

Caryn Daniels
Douglas Parrott
Darrell Ruml
William Schmechel

Life Members

Monir Ahmed
Marilyn Kooser
Linda G. Scott

Emeriti Faculty

Make your donation now to the Emeriti
Association Scholarship Fund!

Donations are tax deductible!

**Make your check payable to
UCR Foundation**
and mail to:

Alyssa Cotter
2203 Alumni & Visitors Center
Riverside, CA 92521

Retirees

Make your donation now to the Retirees
Association Scholarship Fund!

Donations are tax deductible!

**Make your check payable to
UCR Foundation**
and mail to:

Alyssa Cotter
2203 Alumni & Visitors Center
Riverside, CA 92521

By supporting the UCR Retirees and Emeriti Faculty scholarships, you are helping undergraduate students achieve their educational goals! Scholarship recipients will be announced at the 2015 Summer luncheon.

WellnessNews



MobileFit: Free exercise classes until June 12, 2015

The MobileFit program is available for FREE to all retirees who are interested in participating in a convenient on-site fitness program to improve overall health and wellness.

There are 19 MobileFit groups throughout campus. If you would like to attend any of these groups, feel free to contact the group's contact person and [Julie Chobdee](#) to complete a short health history/consent form.

For more information, please visit: http://wellness.ucr.edu/mobile_fit_program.html

If you have any questions, please contact:

Julie Chobdee, MPH Wellness Program Coordinator Human Resources (951) 827-1488

Dehydration — How to Avoid It

The body is composed of up to 75% H₂O. During the upcoming hot months, be sure to keep hydrated by doing the following:

Plan ahead and take extra water to all outdoor events where increased sweating, activity, and heat stress will increase fluid loss.

Check weather forecasts for high heat index days. When temperatures are high, avoid exercise, outdoor exposure, and plan events that must occur outside during times of the day when temperatures are lower.

Older adults are at a much at risk of dehydration. Ensure you have adequate drinking water or fluids available.

Avoid alcohol consumption, especially when it is very hot, because alcohol increases water loss and impairs your ability to recognize early signs associated with dehydration.

Wear light-colored and loose-fitting clothing if you must be outdoors when it is hot outside. Drink plenty of water and carry a personal fan or mister to cool yourself.

Break up your exposure to hot temperatures. Find air-conditioned or shady areas and allow yourself to cool between exposures. Taking someone into a cooled area for even a couple of hours each day will help prevent the cumulative effects of high heat exposure.

UCR Emeriti Faculty Association Report

by President, Professor *Emeritus* Tony Norman

Parking Options Near the Orbach Science Library

By Anthony Norman, President, Emeritus Faculty Association

Parking in red **LOT 10** should generally be available because it has a total of **53** separate parking slots that have been divided up into several groups. Our *Emeriti Faculty* should be able to use the **LOT 10 CENTER**, hopefully free of charge when using the Orbach Science Library.

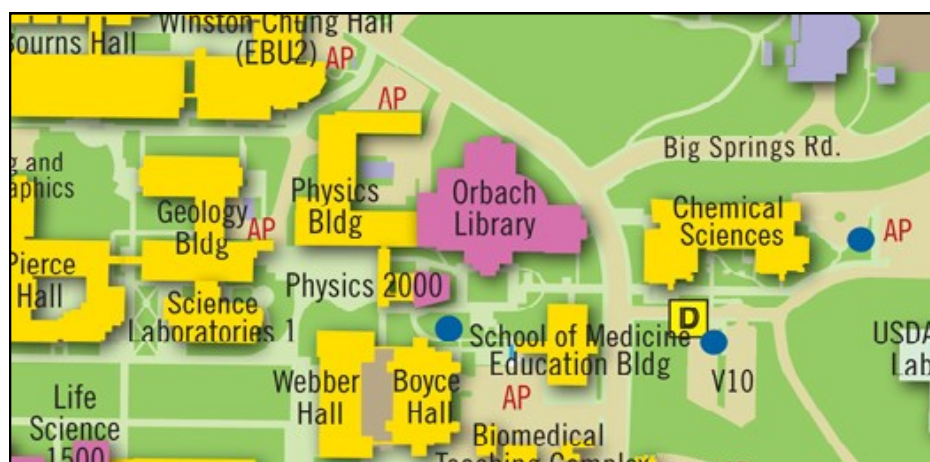
Parking Lot 10 is located across the street from the Chemistry Building; it has a total of 53 parking slots available all day from 7 AM to 10 PM.

The **First Lane** is on the right side and has a total of 19 individual parking slots. They are divided into two groups, one with 9 slots (**right**) and a second group (**left**) parallel with 10 individual slots. They are 'red' Lot 'free if the visitor has purchased a red permit at UCR's Parking Office on Linden Street. They are allocated as follows: 3 slots for Handicap slots, and 3 for Medical School "Visitor" slots, (so marked on the right side). The remaining of the **Right Lane** are 16 slots; these are reserved for only Lot #10 individual slots which are marked available whenever the unused parking slots are available.

The **Second Lane**, is on the left side of the overall parking area and has 34 individual slots that can be divided into two groups. The right group has 15 parking slots and requires a **RED** permit. The left side of the Second Lane has 19 slots that must be paid for by using a Meter slots. Ask *Emeritus Tony Norman* if you have any questions.

Walking Time from Lot #10 to the Orbach Science Library front door.

~ Two minutes +20 seconds from Lot #10.



President's report continued...

The Edward A. Dickson *Emeritus/a* Professorship Recipients

Name	Department	Year of Receipt
Malempati Rao	Mathematics	2015-2016
Richard Sutch	Economics	2015-2016
Roger Ransom	History & Economics	2015-2016
Irwin Wall	History	2014-2015
Michael Pollack	Physics & Astronomy	2014-2015
Ronald Chilcote	Economics	2014-2015
Kathleen Montgomery	School of Business	2013-2014
Ben Stoltzfus	Comparative Literature	2012-2013
George Slusser	Comparative Literature	2012-2013
Edward Platzer	Nematology	2011-2012
Pasanta Pattaik	Economics	2010-2011

The Edward A Dickson Emeritus/a Professorship Award at UC-Riverside campus will be awarded beginning with the 2008-2009 academic year and annually thereafter, to one or more *Emeritus/a* professors for teaching, research, or public service activities that are in accordance with the intent of the donor. The awardee(s) shall be known as the Edward A. Dickson *Emeritus/a* Professor for the duration of the award. The recipients will receive an Honorarium of the order of ~\$6000 - \$10,000.

UCR Osher Presents A SUMMER 2015 FILM SERIES: "PAGE TO SCREEN"

SERIES SCHEDULE AND READING LIST

- JUNE 16** ... **AND THE EARTH DID NOT DEVOUR HIM**—Tomás Rivera
Tiffany Lopez, Tomás Rivera Endowed Chair, CHASS, Professor, UCR
- JUNE 23** **THE SHELTERING SKY**—Paul Bowles
Robin Russin, Professor, UCR
- JUNE 30** **THE GIVER**—Lois Lowry
Carmen Gomez, Lecturer, UCR
- JULY 7** **THE HOURS**—Michael Cunningham
Bella Merlin, Professor, UCR
- JULY 14** **THEY SHOOT HORSES, DON'T THEY?**—Horace McCoy
Stacy Davies, UCR Extension and Osher Instructor, UCR



SUMMER 2015

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UC Riverside Retirees' Association
UC Riverside Emeriti/ae Association

Office of Alumni & Constituent Relations
2203 Alumni & Visitors Center
900 University Avenue
Riverside, CA 92521-0110

UCRRA and UCREA Calendar of Coming Events



June

08	Monday	ALL DAY	Luncheon Reservations Due
12	Friday	11:30 - 1:00	Luncheon - Alumni & Visitors Center



July

14	Tuesday	10:00 - 11:00	Board Meeting - Alumni & Visitors Center Benefactors Conference Room
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August

No Events

September

Save-the-Date: Fall Luncheon September 25