

TOWER TALK



WHAT'S NEW

Cyber Security

On March 31, 2021, UC announced it was part of several institutions targeted by a nationwide cyber-attack on Accellion. On April 2, 2021, an additional update on the breach was sent out, which informed members of the UC community on ways to protect themselves against the breach. To ensure the safety of our UCR retirees and emeriti, the UCR Retirement Center also communicated the information out to UCRRA and UCREA members. To view UCOP's answers to frequently asked questions and learn of ways to protect yourself, please visit the UCnet webpage at: <https://ucnet.universityofcalifornia.edu/>.

Plans to Return

As we continue our virtual programs through Spring quarter, we are thankful for your involvement and remain hopeful for the day for us to all reunite in person. Riverside County has shown a decrease in COVID-19 cases, has expanded vaccines and is now in the Orange Tier. UCR is planning for a return to primarily in-person instruction for fall 2021. To learn more on the campus return visit: campusreturn.ucr.edu.

TABLE OF CONTENTS:

UCRRA President Message - P. 2

UCREA President Message - P. 3

Programs and Events - P. 4

Did You Know? - P. 8

Key Contacts - P. 14

Our thoughts and well wishes continue to be with you and your families.

Cristina Otegui, UCR Retirement Center Director

UCR Retirees' Association

Message from the President

Mary Johnson, UCRRA President



Greetings fellow UCR Retiree Association members,

Spring is a time for renewal, growth, and expansion. In the spirit of renewal, we are working on new programs for retirees and redesigning some older programs. One very important committee effort is the revamping of the annual UCRRA Scholarship Program, which will benefit children and grandchildren of UCRRA members. More information will be distributed once plans are finalized.

We are continuing with the virtual luncheons for spring which will take place on May 14, 2021 and are hopeful that the luncheons will once again be in person in the near future. As a reminder to our UCRRA annual members, please renew your membership for the upcoming year.

Collaborations

Recently, the UCRRA Past President Bob Daly and I participated in a Zoom meeting for UCR's Staff Assembly members regarding retirement. The UCR Human Resources Benefits Office and the UCRRA were invited to present at this meeting. Our Benefits Office staff presented the steps to initiate the retirement process, and Bob Daly and I shared what we are doing and how we are enjoying retirement. It was exciting for us to share with the Staff Assembly members just how wonderful it is to be retired. We are grateful for the UCR Retirement Center Director, Cristina Otegui, and the Staff Assembly Officers for inviting us to present at their meeting.

Get Involved in the UCRRA Board

The UCRRA Board will have several positions open that need to be filled for the next term, beginning July 1, 2021. Elections will be held at the May 14, 2021 luncheon for the following officer positions: President, Vice-President, and Secretary. Elections will also be held for the following Committee Chair positions: Hospitality Chair, and Member-at-Large. The Vice-President role is a two-year term, which commits the individual to a one-year term as Vice-President and the subsequent year as President. If you are thinking about becoming more active in the UCR Retiree Association, please contact me at: maryjohnson1954@gmail.com.

Sincerely,

Mary

Mary Johnson
President
UCR Retirees' Association



UCR Emeriti Association Message from the President *Doug Mitchell, UCREA President*



Greetings from the UCREA President's desk!

Spring is here and our orange blossoms are bringing a sweet smell of cautious optimism across a broad array of family, University and national concerns. COVID infections are down, vaccinations are up and schools, including UCR, are actively pursuing reopening plans. Family grief over loss of loved ones to the pandemic is oppressively flooding thousands and thousands of homes, but as vaccinations become more widespread the survivors will at least be able to visit and make physical contact once again.

There is good news for the UCR Retirees' and Emeriti Associations. Thanks to EVC Tom Smith and VC Gerry Bomotti, we have been assured of fiscal year 2022 funding for Cristina Otegui, our Retirement Center Director. This means we will be able to continue and expand our programs with Cristina's superb leadership and staff support.

New Initiatives

One new initiative that I'm particularly pleased to support is the fund raising to support UCR graduate students. Virtually all of us received financial support during our advance degree programs, and most of us can remember how much that financial support meant to successful completion of our programs. You'll be hearing more about this initiative in the months to come.

UCREA Spotlight

I want to give a special "Shout Out!!" of congratulations to our two Outstanding Emeriti award winners: Sociologist and 38th University Professor, Jonathon Turner and Economist and Past President of the UCREA, Victor Lippit. Awards well deserved and, the unanimous choices of the Awards Committee.

Stay healthy and stay safe,

Doug

Doug Mitchell
President
UCR Emeriti Association

Virtual Programs and Events

Highlander Emeriti and Retiree Tech-tips

Tax Efficient Investing



Highlander Emeriti and Retiree Tech-tips (HEART): Winter Program Series

In partnership with UCR's Information Technology Solutions (ITS), HEART is a series of workshops programmed to highlight different technology topics. ITS representatives will be on hand to lead these sessions and provide a question and answer session for retirees and emeriti to have any technology questions answered.

Spring Workshop Schedule

Zoom Meeting: **Legitimate Selling and Buying Websites**

Date: **April 13, 2021 from 12:00 – 1:00 p.m.**

How to register: This event registration is closed. To view recordings of past events, please visit the retiree and emeriti webpage at:

<https://retirees.ucr.edu/resources-past-events>

Zoom Meeting: **Protecting Your Phone**

Date: **May 11, 2021 from 12:00 – 1:00 p.m.**

How to register: Confirm your attendance by visiting the HEART registration page below no later than Monday, May 10, 2021. Join us at:

https://ucriverside.az1.qualtrics.com/jfe/form/SV_5zEGWJv3T0tEiVw

Zoom meeting: **Recommended Apps for Productivity**

Date: **June 8, 2021 from 12:00 – 1:00 p.m.**

How to register: Confirm your attendance by visiting the HEART registration page below no later than Monday, June 7, 2021. Join us at:

https://ucriverside.az1.qualtrics.com/jfe/form/SV_5aQ9TYV9PmnZNIa

Tax Efficient Investing Featuring Fidelity Investments

This webinar will discuss the impact taxes can have on your portfolio, learn strategies to help plan for taxes and review upcoming changes in tax law. A retirement planner will be available to answer any questions.

Date: **Friday, April 30, 2021 from 12:00 – 1:00 p.m.**



How to register: Confirm your attendance by visiting the Estate Planning registration page below no later than Thursday, April 29, 2021 at:

https://fmr.zoom.us/webinar/register/WN_EdmEQUiESqm858-oWQWN0w

Virtual Programs and Events

Guided Chair Yoga

The Future of California Healthcare

Staff Assembly Highlander Virtual 5K



Guided Chair Yoga Featuring the Associate of the Chancellor, Diane Del Buono

We are delighted to have Diane Del Buono, fellow retiree and Associate of the Chancellor, lead a virtual session using Zoom through gentle yoga poses while sitting in your chair in the convenience of your home. The purpose of this session is to have your chair be an extension of your body allowing you to take full advantage of the yoga health benefits.

Date: **Thursday, April 22, 2021 from 12:00 - 1:00 p.m.**

How to register: Register no later than Wednesday, April 21, 2021 at:

https://ucrivside.az1.qualtrics.com/jfe/form/SV_9sHeD8LN085fOia



Challenges and Opportunities: The Future of California Healthcare

UC Berkeley Retirement Center cordially invites UCR emeriti and retirees' to their online webinar which is being offered in collaboration with UC Berkeley's Emeriti Academy. Although the Affordable Health Care Act (Obamacare) has improved health care delivery, unfortunately many Californians still do not have accessible, equitable, affordable, or quality health coverage. The challenges to improving healthcare are significant, however, there are opportunities to improve the current system. To discuss some of the key issues and paths forward, the UC Berkeley Emeriti Academy has invited 3 speakers to share with us some of the most critical issues facing California Health Policy.

Featuring: Professor Stephen Shortell, UC Berkeley
Mayor Darrell Steinberg, City of Sacramento, California
Professor Richard Scheffler, UC Berkeley



Date: **Thursday, April 22, 2021 from 1:00 - 2:30 p.m. (PST)**

How to register: Register no later than Wednesday, April 21, 2021 at:

https://berkeley.zoom.us/webinar/register/WN_uKdFXG0zRpau9E7OKvzVUQ

To view the event flyer, please visit the UC Berkeley webpage at:

https://drive.google.com/file/d/1xSzhFoeN78X3JzO3TfXZqjqS_ZnCUqLE/view

UCR Staff Assembly Highlander Virtual 5K

Retirees, emeriti, family and friends across the country are welcome to enter the virtual 5k and any level of exercise qualifies. The cost is \$25 and includes a dri-fit t-shirt and retro Scotty t-shirt (does not include shipping).

Date: **March 29 - May 7, 2021**



How to register: <https://www.eventbrite.com/e/2021-ucr-staff-assembly-virtual-5k-tickets-139494025385>

Virtual Programs and Events

Spring "Virtual" Luncheon

UC Retirees Travels Program



Spring "Virtual" Luncheon

The UCR Retirees' and Emeriti Associations invites you to the spring virtual luncheon. We welcome you, your family and friends to join us over lunch to enjoy our guest speaker's Zoom presentation. The UCR Retirees' and Emeriti Associations will also be holding their annual board meeting following the presentation to discuss association related items.

Presentation Topic: **Fighting Disease with Scents**
Featuring: Dr. Anand Ray, Department of Entomology, UCR

Date: **Friday, May 14, 2021**
11:30 a.m. - 12:00 p.m. Social half hour, 12:00 - 1:00 p.m. Presentation

How to register: Register no later than Thursday, May 13, 2021 at:

https://ucrivside.az1.qualtrics.com/jfe/form/SV_1AHYDjo6qMmjWEC



UC Retirees Travel 2022

The UC Retirees Travel program invites you to an informational webinar to learn more about the "Cuba Discovery" trip. To register for the webinar, email UCRetireesTravel@gmail.com with your name and UC location from which you retired. Trip information:

Date: **Wednesday, April 21, 2021 at 11:00 a.m. (PST)**



How to register: Email UCRetireesTravel@gmail.com with your name and UC location from which you retired.

Trip Information: **Cuba Discovery: Highlights of Havana, Vinales & the Pinar del Rio**

Explore the history and culture of this fascinating country. Highlights include an Old Havana walking tour, Hemingway's Farm, a Nacional Hotel tour, the Havana Club Rum Museum, the Museum of the Revolution, a cigar factory tour, Pinar Del Rio and Vinales Valley, a farmhouse visit, a performance by the Habana Compas Dance group and more. Departing October 17, 2022. The UC Travels Cuba Discovery complete itinerary and registration information can be viewed at: <http://cucra.ucsd.edu/travel/2022Travel/2022-10cuba.pdf>.

To view all upcoming UC Retirees Travel trips or subscribe to the "Travel Talk" e-newsletter, visit the UC Travels webpage at: <http://cucra.ucsd.edu/travel/>

Virtual Programs and Events

Healthy Habits at Home

Older Americans Month Program

Cooking Live with Chef Val



Healthy Habits at Home Featuring UCR Recreation

This online event will discuss ways to create and sustain healthy habits at home while living in this virtual world. This presentation will provide practical tips, resources, and motivation for you to live and sustain a healthy lifestyle beyond this pandemic. Healthy living at home, health ways to play at home, preparing healthy meals and fitness resources are some of the many tips that will be shared in this event.

Presenter: **UCR Recreation**

Date: **Thursday, May 20, 2021 from 12:00 - 1:00 p.m.**

How to register: Register no later than Wednesday, May 19, 2021 at:

https://ucriverside.az1.qualtrics.com/jfe/form/SV_09aB1a8oBUWaj40



Older Americans Month Program 2021: Communities of Strength

The UCLA Emeriti/Retirees Relations Center (ERRC) cordially invites UCR retirees and emeriti to this exciting event! The ERRC is partnering with sister campuses; UC Berkeley, UC Santa Cruz, UC Davis, UC Irvine, UC Riverside and the University of Southern California for this engaging opportunity to celebrate those who are over 50 and to join in conversation and panel discussions to dispel ageism, become more inclusive and enlighten all.

As a community network of retiree centers, we would like to highlight our dedication to intergenerational programming and facilitate conversations on aging-related topics, raising awareness of older adult services and needs, including digital connectivity, caregiving issues, and social isolation.

The program will promote ways of engaging with older adults and networking with our retired colleagues, students and broader community.

Date: **Thursday, May 27, 2021 at 10:00 a.m. (PST)**

How to register: Register no later than Wednesday, May 26, 2021 at:

<https://ucla.zoom.us/meeting/register/tJEqf-6vpzkrHt0r9bMHaqn9V5rYJnyKdgfk>



Cooking Live with UCR Recreation's Chef Val

Join Chef Val online for a live cooking experience where she will cook up an easy, budget-friendly, one-pot wonder. This event will be broadcasted live using UCR Recreation's Instagram account.

Date: **Wednesday, June 2, 2021 from 12:00 - 1:00 p.m.**

How to join: View this live event by visiting the UCR Recreation's Instagram account on this day at:

<https://www.instagram.com/ucsrc/>

Did You Know?

Osher Lifelong Learning Institute

UCR Operational Updates



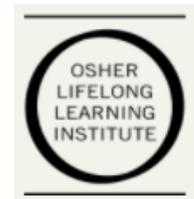
Osher Lifelong Learning Institute

The Osher program offers courses and events to Osher members and the Spring 2021 courses have officially been announced. Due to COVID-19 pandemic, courses and lectures will be delivered remotely, via Zoom, for the winter and spring 2021 quarters.

UCR Retirees' and Emeriti Association members receive a \$20 discount on the Osher Annual Membership for September 2020 - June 2021.

For an overview of the Osher program, please visit the university extension webpage at:

<https://extension.ucr.edu/osher/overview>



UC Riverside Operational Updates

As of February 2021, Riverside County reported a 60.7% decrease in average daily COVID-19 cases and administered approximately 8,300 vaccines per day. As a result, Riverside County's risk level is currently moderate with some indoor business operations open with modifications. Following the State of California's vaccine allocation guidelines, as of April 15, 2021 all Californians 16 or older are eligible for the vaccine. UCR is currently in Phase 2 of its COVID-19 recovery plan which was announced by President Michael Drake that the University of California is planning for a return to primarily in-person instruction systemwide starting in fall 2021. UCR has established a working group structure to help transition safely to in-person classes, research and campus operations. These working groups include Research Ramp-Up, Instructional Continuity, COVID Management, Operational Continuity, and Student Services.

As we near commencement, it has been announced by Chancellor Wilcox that in-person commencement activities will take place for classes of 2020 and 2021 assuming the spread of Covid-19 does not worsen from now until Spring quarter. Students eligible to graduate will be required to show proof of COVID-19 vaccination in order to participate. All emeriti and retiree programs/events for the spring will continue to be offered virtually.

Current UCR Guidelines as of April 2021

- **Cases:** Currently we have 231 confirmed COVID-19 cases among students, 241 employee cases, and 28 on-campus contractors.
- **Classes:** Spring sessions will be available remotely. Extremely limited in-person instruction.
- **Events and Gatherings:** All events and in-person, non-essential gatherings on campus are suspended until further notice.
- **Student Services:** Student services available remotely.
- **Travel:** All non-essential travel is suspended until further notice.

For active updates and resources on UCR's campus efforts, please visit the UCR Environmental Health and Safety webpage at: <https://ehs.ucr.edu/coronavirus> and the Campus Return webpage at: <https://campusreturn.ucr.edu/>. To learn more about each working group's return to campus initiatives, please visit the UCR webpage at: <https://insideucr.ucr.edu/announcements/2021/03/31/campus-return-updates-march-31>

Did You Know? RASC Operational Updates COVID-19 Vaccine Information



Retirement Administrative Services Center (RASC) Operational Updates

The RASC Customer Service Call Center continues to work remotely under adjusted operations. RASC representatives will be answering calls and serving members but they apologize if response times are longer than usual.

Contacting RASC

- **RASC Call Center:** Callers may contact a RASC representative on their toll-free number, 1-800-888-8267, Monday – Friday, 8:30 a.m. – 4:30 p.m. (PST).
- **UC Retirement At Your Service (UCRAYS):** Members may contact RASC by logging into their UCRAYS online portal and selecting “message” to send a secure message at: <https://retirementatyourservice.ucop.edu/UCRAYS/Account/LoginE>.

Additional Resources

- **RASC Updates:** For current updates on RASC operations, please visit the UCnet RASC webpage at: <https://ucnet.universityofcalifornia.edu/contacts/rasc.html>.
- **Getting Help with UC Retirement At Your Service (UCRAYS):** For more information on how to use UCRAYS and accessing your account, please visit the UCnet webpage at: <https://ucnet.universityofcalifornia.edu/retirees/ucrays-how-to-guide.html>.

COVID-19 Vaccine Information and Resources

As more Californians receive the COVID-19 vaccine, the Center for Disease Control and Prevention (CDC) has provided a set of public health recommendations for fully vaccinated people. According to CDC, people are considered fully vaccinated for COVID-19 ≥ 2 weeks after they have received the second dose in a 2-dose series (Pfizer-BioNTech or Moderna), or ≥ 2 weeks after they have received a single-dose vaccine (Johnson and Johnson (J&J)/Janssen).

Current Guidelines as of April 2, 2021

- Fully vaccinated people can resume domestic travel and do not need to get tested before or after travel or self-quarantine after travel.
- Fully vaccinated people do not need to get tested before leaving the United States (unless required by the destination) or self-quarantine after arriving back in the United States.
- Visit with other fully vaccinated people indoors without wearing masks or physical distancing.
- Visit with unvaccinated people from a single household who are at low risk for severe COVID-19 disease indoors without wearing masks or physical distancing.
- Refrain from quarantine and testing following a known exposure if asymptomatic.

Fully vaccinated people should continue to:

- Take precautions in public like wearing a well-fitted mask and physical distancing.
- Wear masks, practice physical distancing, and adhere to other prevention measures when visiting with unvaccinated people who are at increased risk for severe COVID-19 disease or who have an unvaccinated household member who is at increased risk for severe COVID-19 disease.

Did You Know? *COVID-19 Vaccine (Cont'd)* *Health and Wellness*



COVID-19 Vaccine Information and Resources (continued)

- Wear masks, maintain physical distance, and practice other prevention measures when visiting with unvaccinated people from multiple households.
- Avoid medium- and large-sized in-person gatherings.
- Get tested if experiencing COVID-19 symptoms.
- Follow guidance issued by individual employers.
- Follow CDC and health department travel requirements and recommendations.

For updated and expanded information on vaccine public health recommendations, please visit the CDC webpage at: <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/fully-vaccinated-guidance.html>

To view a full list of vaccine resources and services that were collected for our community, please visit the retirees and emeriti webpage at: <https://retirees.ucr.edu/covid-19-vaccine-resources>

For COVID-19 senior resources, please visit the City of Riverside webpage at: : <https://www.riversideca.gov/press/covid-19-senior-resources>

Spring into Fitness

Sunny days are here again and it is the perfect time to enjoy the outdoors whether it is a neighborhood jog, hiking, teeing up for a round of golf, or playing a few sets of tennis. If you have taken the winter “off” and are ready to “spring into fitness”, remember to start slow and work in a stretching routine.

Spring Clean your Fitness Routine

The body (and mind) experience boredom when a workout routine has worn out its welcome. If you experience any of the following signals, it's time to infuse new energy into your program.

- You no longer feel a sense of joy for the activity or routine.
- You stop seeing results or making progress.
- You find yourself watching the clock instead of your form.
- You don't feel energized after completing a workout.
- You feel unusually fatigued or you don't feel energized or inspired.



If you're struggling with what to change from your current workout regimen, carefully evaluate the components individually as well as how they fit together in the program. Ask yourself the following questions:

- Does my current workout routine match my fitness goal(s)?
- Does this (any component of the routine or specific exercise) still bring me joy?
- Do I look forward to the next workout?
- Do I feel challenged physically?

Did You Know?

Health and Wellness (Con'td)

Honoring Emeriti and Retirees

UCR Arts Virtual



Spring into Fitness (continued)

Make the Change

- **Take it outside.** Sometimes a change of location is all that's necessary to shake off the winter blues. Try doing outdoor yoga, a boot-camp class or a high-intensity interval circuit in the park.
- **Register for a run (or other activity).** Nothing provides motivation like a deadline. Spring tends to be the "kick off" to events such as 5Ks, dirt duathlons and hiking challenges.
- **Get up early.** Spring (and summer) gives us lighter days in the morning, so take advantage of it and greet the day with a good sweat.
- **Try a new mode.** It's easy to keep doing the same thing over and over, but if you want to move your fitness threshold a bit further, try a new type of activity. For example, if you like to stick to free weights, try incorporating some other strength tools such as resistance bands, sandbags or Kettlebells.
- **Invest in new gear.** New workout clothes and shoes might be just the ticket for you to get moving.
- **Try a new class.** Group fitness classes can be the gateway to new forms of movement. This type of environment also offers valuable social support you may not experience otherwise.
- **Take a lesson.** Outdoor sports can be a fun way to combine activity with family, couples or friend time. Consider tennis or golf (or any other activity that seems intriguing).

We hope you find these tips and resources helpful. Stay Well Tips article brought to you by Workplace Health & Wellness, Human Resources, UC Riverside.

Website details: For more information on UCR's Healthy Campus initiatives, please visit the Healthy Campus website at: <https://healthycampus.ucr.edu/>

Save the Date: Reception Honoring Emeriti and Retirees

The UCR Retirement Center in partnership with the UCR Retirees' and Emeriti Associations is organizing a reception to honor and welcome all retirees and emeriti to come together to celebrate their valued contributions to UCR. Chancellor Kim Wilcox has been invited to be our keynote speaker and we ask that you mark your calendars for this special and well-deserved event. While this event is currently being planned using Zoom, we will be providing more details and registration information closer to the date.



Date: **Friday, October 29, 2021 from 2:30 - 4:00 p.m.**

UCR Arts Virtual

UCR Arts goes virtual and offers exciting online programs such as virtual exhibitions, art-making activities and going behind the scenes with artists. Retirees and emeriti can explore virtual exhibits, register for free art-making activities and stream artistic cinema.

For more information on programs and events, please visit the UCR Arts webpage at:

<https://virtualucrarts.ucr.edu/>

UCR —
ARTS
VIRTUAL

Did You Know?

Tech Corner: Tips and Resources

UCR Botanic Gardens



Tech Corner: Tips and Resources from UCR's Information Technology Solutions (ITS)

In Winter 2021, ITS experts presented on Mobile Devices, Navigating Zoom and Cloud Storage Devices. This section summarizes key tips and resources that were shared in the Tech-tips HEART Program.

How to Best Use Mobile Devices (Android and iPhone)

- Mobile devices replicate computer features such as operating systems, email, web browsing, camera, fast data and apps.
- IOS devices made by Apple have a controlled App Store and Android made by Google has more than one App Store which allows for more risks of malware.
- It is important to use iCloud or Google accounts for location services and remote wipe to protect the data in the event that a phone is lost.

Navigating Zoom

- An account is not needed to join a meeting. Anyone who receives a Zoom invitation can join the meeting.
- Zoom offers a Basic account where users can host up to 100 participants and a Licensed (Pro) account where users can host up to 300 participants and UCR Zoom accounts are all Licensed (Pro) accounts as of January 1, 2021.
- It is recommended to run the latest version of Zoom to ensure access to all features. To do this, log into Zoom and click on your icon and select "check for updates."

How to Best Use Cloud Storage Devices

- Cloud storage can be accessed from many devices and the web, is cost efficient, contains endless storage and can allow for sharing of files.
- Most common reasons to use cloud storage is to back up computer files, sync files to/from multiple devices and to share files with friends and colleagues.
- There are three types of cloud storage categories and they are consumer cloud storage vendors, cloud backup vendors and institutional cloud providers and services.

For more resources such as video recordings and PowerPoint presentations of past events, please visit the retirees and emeriti webpage at: <https://retirees.ucr.edu/resources-past-events>

UCR Botanic Gardens Reopening on June 29, 2021

The Botanical Gardens is looking forward to welcoming the UCR community back after 15 weeks of closure, and is working on a reopening plan that is guided by science and prioritizes safety, security and health. Following the CDC, California Department of Public Health, and UCR guidelines, the Phase 2 Reopening Schedule is as follows:

Due to limited staffing days and hours of operation will be restricted to the following:

- **Hours:** Monday – Friday, 9:00 a.m. – 12:00 p.m. (gates closed and locked at noon). All visitors will be expected to exit by 12:00 p.m.
- **Reopening Requirements:** To learn more about the safety requirements before visiting the Gardens, please visit the Botanic Gardens webpage at: <https://gardens.ucr.edu/sites/g/files/rcwecm4706/files/2020-07/Reopen%20requirements%20062920%20final.pdf>

Did You Know?

Discounts for Emeriti and Retirees Healthcare Facilitator Program



Discounts for Emeriti and Retirees

The UCR Retirement Center and the UCR Emeriti and Retirees' Associations have worked to gather a list of programs and services that offer discounts to emeriti and retirees. Below is an active list which will continue to be updated on the retiree and emeriti FAQs webpage at: <https://retirees.ucr.edu/faqs>

OntheHub: UC Riverside has a dedicated webpage that offers discounted software for UCR. In order to access the webpage, retirees and emeriti will need to use their active UCR email to register for an account. An automatic email will be sent to your UCR email address to confirm your new account and browse the various discounted software programs. For more information, please visit the OntheHub UC Riverside webpage at: https://ucr.onthehub.com/WebStore/ProductsByMajorVersionList.aspx?cmi_cs=1&cmi_mnuMain=f189368a-f0a6-e811-8109-000d3af41938

Mission Inn Hotel & Spa: The Mission Inn located in Riverside offers a UCR friends and family discounted rate for booking a stay at their hotel. Be sure to reference UCR at the time of booking. For more information, please view the Mission Inn discounted flyer at: https://hr.ucr.edu/sites/g/files/rcwecm656/files/2019-02/ucr-discounts_lodging-transportation_ucr-mission-inn-discounts.pdf

Enterprise Holdings: Enterprise Holdings offers UCR emeriti and retirees who need to rent a car at a discounted rate that can be used with Enterprise and National Car. Please reference the general discount number XZL3227 when renting a car. For more information, please visit the Enterprise Holdings webpage at: <https://www.enterpriseholdings.com/>

The New York Times: The New York Times offers subscriptions for educators at a discounted rate. Be sure to use emails ending in .edu and/or .org when signing up for a subscription. For more information, please visit the New York Times webpage at: <https://www.nytimes.com/>

Healthcare Facilitator Program

The Health Care Facilitator Program helps emeriti and retirees obtain full benefits and services available from health, dental and vision plans. Whether your concern is with coverage, access or billing, chances are your health care facilitator can help you sort it out.

Contact the Health Care Facilitator when you are experiencing the following:

- If you have unresolved Medical Care or Medical Plan issues.
- If you have a question about your medical plan coverage or rights.
- If you would like to discuss a health care issue.



For more information, please visit the webpage at:

<https://hr.ucr.edu/total-compensation/benefits-belonging/health-care-facilitator-program>

For support, contact UCR's Healthcare Facilitator Program at (951) 827-2636 or benefits@ucr.edu.

Key Contacts

Retirees' Association Officers

Emeriti Association Officers

Retirement Center Director



Retirees' Association Officers

The Retirees' Association brings retirees together for luncheons, workshops, sponsors gatherings, outings, and yearly events of interest to the members. A lifetime membership is \$250. An annual membership is \$25.

President: Mary Johnson, maryjohnson1954@gmail.com

Vice President: Open Recruitment

Treasurer: Al Chavez, adchavez2437@att.net

Interim Secretary: Marianne Valenti, marianne.valenti@ucr.edu

Hospitality: Open Recruitment

Membership: Debra de la Cruz, debra.delacruz@ucr.edu

Social Secretary: Sue McKee, sue.mckee@ucr.edu

Member-at-Large: Julie Mills, julie.mills@ucr.edu

Donate to the Retiree or Emeriti Faculty Scholarships today to help undergraduate students achieve their education goals!

Emeriti Association Officers

The Emeriti/ae Association gather once a quarter for social and intellectual fellowship. It supports the Council of UC Emeriti/ae Associations (CUCEA). A lifetime membership is \$250. An annual membership is \$25.

President: Douglas Mitchell, douglas.mitchell@ucr.edu

Co-Vice Presidents: Darleen DeMason, demason@ucr.edu

Rusty Russell, rrussell@ucr.edu

Treasurer: Larry Zahn, lawrence.zahn@ucr.edu

Secretary: Bradley Hyman, bhyman@ucr.edu

Make your check payable to UCR Foundation and mail to:

UCRRA

P. O. Box 56834
Riverside, CA 92517
or

UCR Emeriti Association

P.O. Box 56387
Riverside, CA 92517

Retirement Center

The Retirement Center is dedicated to serving all retiree and emeriti members of UCR by providing retirement services, programs and events. We work to advocate for retiree needs and shine light on the continued contributions that emeriti and retirees make to UCR's mission.

Make an Impact

To ensure the stability and development of programs and events, we ask you to consider donating to the UCR Retirement Center, UCR Retirees' Association Scholarship Fund or the UCR Emeriti Association Scholarship Fund. For more information, please visit the retiree and emeriti webpage at: <https://retirees.ucr.edu/make-impact>

UCR Retirement Center Director: Cristina Otegui, cristina.otegui@ucr.edu, (951) 827-5008

Location: Human Resources, University Village, Room 208i

Office Hours: Tuesdays and Thursdays from 8:00 a.m. - 4:30 p.m.

(Hours are subject to change. Appointments are recommended and are virtual at this time.)

Benefits of Belonging

Keep your UCR email
Upgraded free parking
Quarterly newsletter
Quarterly luncheons
Speaker series

R'Card discounted tickets
(coming soon!)
International travel program
Discounts for UCR Osher
Lifelong Learning Classes
Fidelity Retirement Planning
- one-on-one consultations



Tower Talk

UC Riverside Retirees' Association
UC Riverside Emeriti/ae Association
UC Riverside
900 University Avenue
Riverside, California, 92521